



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time mm:ss:00
Charlotte	Aris	Gold	50m	<i>BUTTERFLY</i>	:49:40
			50m	<i>BACKSTROKE</i>	:42:30
			50m	<i>BREASTSTROKE</i>	:59:10
			50m	<i>FRONTCRAWL</i>	:40:20
			68m	<i>INDIVIDUAL MEDLEY</i>	1:07:00
			100m	<i>FRONTCRAWL</i>	1:29:90
			200m	<i>FRONTCRAWL</i>	3:24:10
			400m	<i>INDIVIDUAL MEDLEY</i>	7:51:60
			1500m	<i>FRONTCRAWL</i>	26:18:60
Isabel	Barbary	Gold	50m	<i>BUTTERFLY</i>	:45:00
			50m	<i>BACKSTROKE</i>	:40:30
			50m	<i>BREASTSTROKE</i>	:48:70
			50m	<i>FRONTCRAWL</i>	:36:40
			68m	<i>INDIVIDUAL MEDLEY</i>	:59:60
			100m	<i>FRONTCRAWL</i>	1:20:50
			200m	<i>FRONTCRAWL</i>	2:56:50
			400m	<i>FRONTCRAWL</i>	6:06:00
			1500m	<i>FRONTCRAWL</i>	22:31:20
Joshua	Beadsworth	BronzePlus	50m	<i>BUTTERFLY</i>	:59:20
			50m	<i>BACKSTROKE</i>	:52:80
			50m	<i>BREASTSTROKE</i>	1:09:60
			50m	<i>FRONTCRAWL</i>	:48:40
			68m	<i>INDIVIDUAL MEDLEY</i>	1:18:60
			100m	<i>FRONTCRAWL</i>	2:14:10
			200m	<i>FRONTCRAWL</i>	3:56:80
Eva	Beaudro	Silver	50m	<i>BUTTERFLY</i>	1:24:50
			50m	<i>BACKSTROKE</i>	1:06:40
			50m	<i>BREASTSTROKE</i>	1:22:30
			50m	<i>FRONTCRAWL</i>	1:10:40
			68m	<i>INDIVIDUAL MEDLEY</i>	1:40:00
			100m	<i>FRONTCRAWL</i>	2:36:00
			200m	<i>FRONTCRAWL</i>	5:11:10



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time mm:ss:00
Joshua	Beaudro	Gold	50m	<i>BUTTERFLY</i>	:42:20
			50m	<i>BACKSTROKE</i>	:38:10
			50m	<i>BREASTSTROKE</i>	:43:50
			50m	<i>FRONTCRAWL</i>	:34:00
			68m	<i>INDIVIDUAL MEDLEY</i>	:55:90
			100m	<i>FRONTCRAWL</i>	1:13:20
			200m	<i>FRONTCRAWL</i>	2:45:20
			400m	<i>FRONTCRAWL</i>	5:29:40
			Owen	Berry	Bronze
50m	<i>BACKSTROKE</i>	:59:80			
50m	<i>BREASTSTROKE</i>	1:21:60			
50m	<i>FRONTCRAWL</i>	1:01:90			
68m	<i>INDIVIDUAL MEDLEY</i>	1:32:30			
200m	<i>FRONTCRAWL</i>	4:35:50			
Elizabeth	Brown	Bronze	50m	<i>BUTTERFLY</i>	1:21:90
			50m	<i>BACKSTROKE</i>	1:02:40
			50m	<i>BREASTSTROKE</i>	1:12:10
			50m	<i>FRONTCRAWL</i>	1:13:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:46:30
			100m	<i>FRONTCRAWL</i>	2:54:50
			200m	<i>FRONTCRAWL</i>	5:43:00
Mia	Byrne	Bronze	50m	<i>BUTTERFLY</i>	1:28:40
			50m	<i>BACKSTROKE</i>	:59:70
			50m	<i>BREASTSTROKE</i>	1:22:90
			50m	<i>FRONTCRAWL</i>	1:00:10
			68m	<i>INDIVIDUAL MEDLEY</i>	1:35:50
			200m	<i>FRONTCRAWL</i>	5:19:30
Taylor	Collins	Gold	50m	<i>BUTTERFLY</i>	:42:70
			50m	<i>BACKSTROKE</i>	:40:20
			50m	<i>BREASTSTROKE</i>	:46:50
			50m	<i>FRONTCRAWL</i>	:36:10
			68m	<i>INDIVIDUAL MEDLEY</i>	:57:90
			100m	<i>FRONTCRAWL</i>	1:19:20
			200m	<i>FRONTCRAWL</i>	3:03:00
			400m	<i>FRONTCRAWL</i>	5:28:10
			400m	<i>INDIVIDUAL MEDLEY</i>	6:35:30
			1500m	<i>FRONTCRAWL</i>	22:15:00



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time mm:ss:00
Ben	Cook	Silver	50m	<i>BUTTERFLY</i>	1:12:40
			50m	<i>BACKSTROKE</i>	1:04:60
			50m	<i>BREASTSTROKE</i>	1:03:70
			50m	<i>FRONTCRAWL</i>	:52:70
			68m	<i>INDIVIDUAL MEDLEY</i>	1:22:10
			100m	<i>FRONTCRAWL</i>	2:04:60
			200m	<i>FRONTCRAWL</i>	4:08:20
Isla	Croll	Gold	50m	<i>BUTTERFLY</i>	:43:90
			50m	<i>BACKSTROKE</i>	:39:10
			50m	<i>BREASTSTROKE</i>	:46:90
			50m	<i>FRONTCRAWL</i>	:35:20
			68m	<i>INDIVIDUAL MEDLEY</i>	1:01:30
			100m	<i>FRONTCRAWL</i>	1:23:80
			200m	<i>FRONTCRAWL</i>	3:04:40
Joshua	Croll	Silver	50m	<i>BUTTERFLY</i>	:52:80
			50m	<i>BACKSTROKE</i>	:48:30
			50m	<i>BREASTSTROKE</i>	:58:00
			50m	<i>FRONTCRAWL</i>	:43:90
			68m	<i>INDIVIDUAL MEDLEY</i>	1:12:80
			100m	<i>FRONTCRAWL</i>	:20:00
			200m	<i>FRONTCRAWL</i>	3:46:40
Layla	Day	Silver	50m	<i>BUTTERFLY</i>	1:07:80
			50m	<i>BACKSTROKE</i>	:53:40
			50m	<i>BREASTSTROKE</i>	1:05:90
			50m	<i>FRONTCRAWL</i>	:49:90
			68m	<i>INDIVIDUAL MEDLEY</i>	1:20:50
			100m	<i>FRONTCRAWL</i>	2:01:00
			200m	<i>FRONTCRAWL</i>	4:05:10

Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time mm:ss:00
Mia	Day	Gold	50m	<i>BUTTERFLY</i>	:38:10
			50m	<i>BACKSTROKE</i>	:36:30
			50m	<i>BREASTSTROKE</i>	:41:10
			50m	<i>FRONTCRAWL</i>	:33:30
			68m	<i>INDIVIDUAL MEDLEY</i>	:52:10
			100m	<i>FRONTCRAWL</i>	1:12:30
			200m	<i>FRONTCRAWL</i>	2:43:60
			400m	<i>FRONTCRAWL</i>	5:02:80
			400m	<i>INDIVIDUAL MEDLEY</i>	5:49:90
			1500m	<i>FRONTCRAWL</i>	20:57:70
Toby	Ellis	Gold	50m	<i>BUTTERFLY</i>	:49:10
			50m	<i>BACKSTROKE</i>	:44:90
			50m	<i>BREASTSTROKE</i>	:55:70
			50m	<i>FRONTCRAWL</i>	:40:80
			68m	<i>INDIVIDUAL MEDLEY</i>	1:07:50
			100m	<i>FRONTCRAWL</i>	1:31:70
			200m	<i>FRONTCRAWL</i>	3:25:10
			400m	<i>FRONTCRAWL</i>	6:21:00
			400m	<i>INDIVIDUAL MEDLEY</i>	7:20:20
			1500m	<i>FRONTCRAWL</i>	24:28:80
Asher	Fletcher	Silver	50m	<i>BUTTERFLY</i>	:49:30
			50m	<i>BACKSTROKE</i>	:48:30
			50m	<i>BREASTSTROKE</i>	:54:10
			50m	<i>FRONTCRAWL</i>	:40:30
			68m	<i>INDIVIDUAL MEDLEY</i>	1:06:20
			100m	<i>FRONTCRAWL</i>	1:39:00
			200m	<i>FRONTCRAWL</i>	3:26:50
Grace	Goddard	Gold	50m	<i>BUTTERFLY</i>	:41:70
			50m	<i>BACKSTROKE</i>	:35:90
			50m	<i>BREASTSTROKE</i>	:41:10
			50m	<i>FRONTCRAWL</i>	:31:40
			68m	<i>INDIVIDUAL MEDLEY</i>	:52:00
			100m	<i>FRONTCRAWL</i>	1:13:30
			200m	<i>FRONTCRAWL</i>	2:37:30
			400m	<i>FRONTCRAWL</i>	5:18:60
			1500m	<i>FRONTCRAWL</i>	22:22:30



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time mm:ss:00
Ruby	Goddard	Gold	50m	<i>BUTTERFLY</i>	:55:80
			50m	<i>BACKSTROKE</i>	:49:70
			50m	<i>BREASTSTROKE</i>	:59:20
			50m	<i>FRONTCRAWL</i>	:47:40
			68m	<i>INDIVIDUAL MEDLEY</i>	1:14:80
			100m	<i>FRONTCRAWL</i>	1:59:60
			200m	<i>FRONTCRAWL</i>	3:47:50
Toby	Godwin	BronzePlus	50m	<i>BUTTERFLY</i>	1:07:10
			50m	<i>BACKSTROKE</i>	:58:60
			50m	<i>BREASTSTROKE</i>	1:09:80
			50m	<i>FRONTCRAWL</i>	:51:20
			68m	<i>INDIVIDUAL MEDLEY</i>	1:24:40
			100m	<i>FRONTCRAWL</i>	2:08:60
			200m	<i>FRONTCRAWL</i>	3:57:90
Anna	Harding	Bronze	50m	<i>BUTTERFLY</i>	1:22:20
			50m	<i>BACKSTROKE</i>	1:07:60
			50m	<i>BREASTSTROKE</i>	1:22:00
			50m	<i>FRONTCRAWL</i>	1:06:20
			68m	<i>INDIVIDUAL MEDLEY</i>	1:45:30
			200m	<i>FRONTCRAWL</i>	5:20:30
Josh	Henderson	Silver	50m	<i>BUTTERFLY</i>	:46:60
			50m	<i>BACKSTROKE</i>	:54:70
			50m	<i>BREASTSTROKE</i>	:48:50
			50m	<i>FRONTCRAWL</i>	:42:90
			68m	<i>INDIVIDUAL MEDLEY</i>	1:06:90
			100m	<i>FRONTCRAWL</i>	1:47:60
			200m	<i>FRONTCRAWL</i>	3:33:70
Scott	Hutin	Gold	50m	<i>BUTTERFLY</i>	:47:60
			50m	<i>BACKSTROKE</i>	:44:10
			50m	<i>BREASTSTROKE</i>	:52:40
			50m	<i>FRONTCRAWL</i>	:39:20
			68m	<i>INDIVIDUAL MEDLEY</i>	1:02:10
			100m	<i>FRONTCRAWL</i>	1:29:70
			200m	<i>FRONTCRAWL</i>	3:11:00
			400m	<i>FRONTCRAWL</i>	5:50:60
			400m	<i>INDIVIDUAL MEDLEY</i>	6:43:70
1500m	<i>FRONTCRAWL</i>	22:43:80			



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time mm:ss:00
Katie	Jones	Bronze	50m	<i>BUTTERFLY</i>	1:16:80
			50m	<i>BACKSTROKE</i>	1:02:90
			50m	<i>BREASTSTROKE</i>	1:09:50
			50m	<i>FRONTCRAWL</i>	:52:20
			68m	<i>INDIVIDUAL MEDLEY</i>	1:32:00
			100m	<i>FRONTCRAWL</i>	2:35:40
			200m	<i>FRONTCRAWL</i>	4:32:50
Harrison	Kennedy	Gold	50m	<i>BUTTERFLY</i>	:41:00
			50m	<i>BACKSTROKE</i>	:38:60
			50m	<i>BREASTSTROKE</i>	:51:70
			50m	<i>FRONTCRAWL</i>	:34:80
			68m	<i>INDIVIDUAL MEDLEY</i>	:56:60
			100m	<i>FRONTCRAWL</i>	1:17:60
			200m	<i>FRONTCRAWL</i>	2:51:80
			400m	<i>FRONTCRAWL</i>	5:44:40
			400m	<i>INDIVIDUAL MEDLEY</i>	6:22:90
1500m	<i>FRONTCRAWL</i>	23:29:70			
Leila	McNamara	Gold	50m	<i>BUTTERFLY</i>	:49:60
			50m	<i>BACKSTROKE</i>	:47:60
			50m	<i>BREASTSTROKE</i>	:49:40
			50m	<i>FRONTCRAWL</i>	:42:30
			68m	<i>INDIVIDUAL MEDLEY</i>	1:06:50
			100m	<i>FRONTCRAWL</i>	1:37:90
			200m	<i>FRONTCRAWL</i>	3:47:00
			1500m	<i>FRONTCRAWL</i>	28:01:20
Katie-Grace	Morgan	Silver	50m	<i>BUTTERFLY</i>	1:02:80
			50m	<i>BACKSTROKE</i>	1:00:20
			50m	<i>BREASTSTROKE</i>	: 4:50
			50m	<i>FRONTCRAWL</i>	:53:40
			68m	<i>INDIVIDUAL MEDLEY</i>	1:28:00
			100m	<i>FRONTCRAWL</i>	2:10:10
			200m	<i>FRONTCRAWL</i>	4:10:40

Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time mm:ss:00
Rebecca	Pike	Gold	50m	<i>BUTTERFLY</i>	:43:00
			50m	<i>BACKSTROKE</i>	:40:40
			50m	<i>BREASTSTROKE</i>	:50:10
			50m	<i>FRONTCRAWL</i>	:36:10
			68m	<i>INDIVIDUAL MEDLEY</i>	:59:60
			100m	<i>FRONTCRAWL</i>	1:20:50
			200m	<i>FRONTCRAWL</i>	3:22:60
			400m	<i>FRONTCRAWL</i>	6:12:20
			1500m	<i>FRONTCRAWL</i>	24:23:70
Morgan	Prangle	Bronze	50m	<i>BUTTERFLY</i>	1:26:20
			50m	<i>BACKSTROKE</i>	:59:70
			50m	<i>BREASTSTROKE</i>	1:17:70
			50m	<i>FRONTCRAWL</i>	1:09:40
			68m	<i>INDIVIDUAL MEDLEY</i>	:13:83
			100m	<i>FRONTCRAWL</i>	2:41:10
			200m	<i>FRONTCRAWL</i>	5:29:30
Ella	Richardson-Fitt	Gold	50m	<i>BUTTERFLY</i>	:41:80
			50m	<i>BACKSTROKE</i>	:36:70
			50m	<i>BREASTSTROKE</i>	:45:20
			50m	<i>FRONTCRAWL</i>	:35:20
			68m	<i>INDIVIDUAL MEDLEY</i>	:55:50
			100m	<i>FRONTCRAWL</i>	1:17:10
			200m	<i>FRONTCRAWL</i>	2:56:20
400m	<i>FRONTCRAWL</i>	5:49:00			
Jacob	Richardson-Fitt	Silver	50m	<i>BUTTERFLY</i>	:57:00
			50m	<i>BACKSTROKE</i>	:49:50
			50m	<i>BREASTSTROKE</i>	:53:80
			50m	<i>FRONTCRAWL</i>	:44:70
			68m	<i>INDIVIDUAL MEDLEY</i>	1:13:60
			100m	<i>FRONTCRAWL</i>	1:42:00
			200m	<i>FRONTCRAWL</i>	3:38:70
			1500m	<i>FRONTCRAWL</i>	27:10:00

Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time mm:ss:00
Max	Rowlinson	Silver	50m	<i>BUTTERFLY</i>	1:06:70
			50m	<i>BACKSTROKE</i>	:53:40
			50m	<i>BREASTSTROKE</i>	1:02:90
			50m	<i>FRONTCRAWL</i>	:50:90
			68m	<i>INDIVIDUAL MEDLEY</i>	1:19:90
			100m	<i>FRONTCRAWL</i>	1:53:90
			200m	<i>FRONTCRAWL</i>	4:11:60
			Abigail	Russell	Gold
50m	<i>BACKSTROKE</i>	:39:80			
50m	<i>BREASTSTROKE</i>	:49:30			
50m	<i>FRONTCRAWL</i>	:35:80			
68m	<i>INDIVIDUAL MEDLEY</i>	:57:50			
100m	<i>FRONTCRAWL</i>	1:20:40			
200m	<i>FRONTCRAWL</i>	2:56:00			
400m	<i>FRONTCRAWL</i>	5:54:80			
400m	<i>INDIVIDUAL MEDLEY</i>	6:40:60			
1500m	<i>FRONTCRAWL</i>	23:33:70			
Emily	Russell	Silver	50m	<i>BUTTERFLY</i>	1:15:30
			50m	<i>BACKSTROKE</i>	:59:40
			50m	<i>BREASTSTROKE</i>	1:18:70
			50m	<i>FRONTCRAWL</i>	:54:20
			68m	<i>INDIVIDUAL MEDLEY</i>	1:28:60
			100m	<i>FRONTCRAWL</i>	2:12:30
			200m	<i>FRONTCRAWL</i>	4:07:60
			Poppy	Sale	Silver
50m	<i>BACKSTROKE</i>	:50:80			
50m	<i>BREASTSTROKE</i>	:57:20			
50m	<i>FRONTCRAWL</i>	:46:00			
68m	<i>INDIVIDUAL MEDLEY</i>	1:12:80			
100m	<i>FRONTCRAWL</i>	1:46:10			
Grace	Sandford	Bronze			
			50m	<i>BACKSTROKE</i>	:59:60
			50m	<i>BREASTSTROKE</i>	1:01:40
			50m	<i>FRONTCRAWL</i>	:54:70
			68m	<i>INDIVIDUAL MEDLEY</i>	1:25:70
			200m	<i>FRONTCRAWL</i>	4:43:70

Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time mm:ss:00
Lucy	Selby	Gold	50m	<i>BUTTERFLY</i>	:49:50
			50m	<i>BACKSTROKE</i>	:43:90
			50m	<i>BREASTSTROKE</i>	:52:20
			50m	<i>FRONTCRAWL</i>	:37:90
			68m	<i>INDIVIDUAL MEDLEY</i>	1:03:40
			100m	<i>FRONTCRAWL</i>	1:25:80
			200m	<i>FRONTCRAWL</i>	3:20:80
			400m	<i>FRONTCRAWL</i>	6:03:60
			400m	<i>INDIVIDUAL MEDLEY</i>	6:56:70
			1500m	<i>FRONTCRAWL</i>	22:33:50
Daisy	Smith	Silver	50m	<i>BUTTERFLY</i>	:53:90
			50m	<i>BACKSTROKE</i>	:47:00
			50m	<i>BREASTSTROKE</i>	:55:00
			50m	<i>FRONTCRAWL</i>	:37:80
			68m	<i>INDIVIDUAL MEDLEY</i>	1:05:60
			100m	<i>FRONTCRAWL</i>	1:44:10
			200m	<i>FRONTCRAWL</i>	3:23:30
Finley	Taplin	Silver	50m	<i>BUTTERFLY</i>	1:00:20
			50m	<i>BACKSTROKE</i>	:53:80
			50m	<i>BREASTSTROKE</i>	:54:80
			50m	<i>FRONTCRAWL</i>	:42:40
			68m	<i>INDIVIDUAL MEDLEY</i>	1:09:10
			100m	<i>FRONTCRAWL</i>	1:40:80
			200m	<i>FRONTCRAWL</i>	3:50:90
Grace	Williams	Silver	50m	<i>BUTTERFLY</i>	:53:20
			50m	<i>BACKSTROKE</i>	:48:90
			50m	<i>BREASTSTROKE</i>	1:03:40
			50m	<i>FRONTCRAWL</i>	:44:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:11:50
			100m	<i>FRONTCRAWL</i>	1:55:60
			200m	<i>FRONTCRAWL</i>	4:00:00
Amelia	Woodford	Bronze	50m	<i>BUTTERFLY</i>	1:09:80
			50m	<i>BACKSTROKE</i>	1:04:70
			50m	<i>BREASTSTROKE</i>	1:12:20
			50m	<i>FRONTCRAWL</i>	1:03:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:34:30
			200m	<i>FRONTCRAWL</i>	5:54:47



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time mm:ss:00
Amelia	Wright	Bronze	50m	<i>BUTTERFLY</i>	1:35:30
			50m	<i>BACKSTROKE</i>	1:02:70
			50m	<i>BREASTSTROKE</i>	1:22:00
			50m	<i>FRONTCRAWL</i>	1:09:40
			68m	<i>INDIVIDUAL MEDLEY</i>	1:48:30
			200m	<i>FRONTCRAWL</i>	5:33:70