



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Jasmine	ALLEN	Bronze	50m	<i>BUTTERFLY</i>	1:04:40
			50m	<i>BACKSTROKE</i>	:55:40
			50m	<i>BREASTSTROKE</i>	1:05:70
			50m	<i>FRONTCRAWL</i>	:53:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:23:90
			200m	<i>FRONTCRAWL</i>	4:31:70
Charlotte	ARIS	Gold	50m	<i>BUTTERFLY</i>	:49:40
			50m	<i>BACKSTROKE</i>	:42:30
			50m	<i>BREASTSTROKE</i>	:59:10
			50m	<i>FRONTCRAWL</i>	:40:20
			68m	<i>INDIVIDUAL MEDLEY</i>	1:07:00
			100m	<i>FRONTCRAWL</i>	1:29:90
			200m	<i>FRONTCRAWL</i>	3:24:10
			400m	<i>FRONTCRAWL</i>	6:13:60
			400m	<i>INDIVIDUAL MEDLEY</i>	7:51:60
			800m	<i>FRONTCRAWL</i>	14:07:75
			1500m	<i>FRONTCRAWL</i>	26:18:60
Sophie	BAGBY	Silver	50m	<i>BUTTERFLY</i>	1:07:10
			50m	<i>BACKSTROKE</i>	1:01:50
			50m	<i>BREASTSTROKE</i>	:55:10
			50m	<i>FRONTCRAWL</i>	:55:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:18:90
			100m	<i>FRONTCRAWL</i>	2:15:90
			200m	<i>FRONTCRAWL</i>	4:24:40
Isabel	BARBARY	Gold	50m	<i>BUTTERFLY</i>	:45:00
			50m	<i>BACKSTROKE</i>	:40:30
			50m	<i>BREASTSTROKE</i>	:48:70
			50m	<i>FRONTCRAWL</i>	:36:40
			68m	<i>INDIVIDUAL MEDLEY</i>	:59:60
			100m	<i>FRONTCRAWL</i>	1:20:50
			200m	<i>FRONTCRAWL</i>	2:56:50
			400m	<i>FRONTCRAWL</i>	5:27:60
			400m	<i>INDIVIDUAL MEDLEY</i>	6:40:80
1500m	<i>FRONTCRAWL</i>	22:31:20			



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Joshua	BEADSWORTH	Silver	50m	<i>BUTTERFLY</i>	:59:20
			50m	<i>BACKSTROKE</i>	:52:80
			50m	<i>BREASTSTROKE</i>	1:09:30
			50m	<i>FRONTCRAWL</i>	:48:30
			68m	<i>INDIVIDUAL MEDLEY</i>	1:18:60
			100m	<i>FRONTCRAWL</i>	1:53:90
			200m	<i>FRONTCRAWL</i>	3:56:80
Eva	BEAUDRO	Silver	50m	<i>BUTTERFLY</i>	1:15:90
			50m	<i>BACKSTROKE</i>	1:02:40
			50m	<i>BREASTSTROKE</i>	1:09:30
			50m	<i>FRONTCRAWL</i>	1:02:50
			68m	<i>INDIVIDUAL MEDLEY</i>	1:31:60
			100m	<i>FRONTCRAWL</i>	2:36:00
			200m	<i>FRONTCRAWL</i>	4:52:80
Owen	BERRY	Bronze	50m	<i>BUTTERFLY</i>	1:08:90
			50m	<i>BACKSTROKE</i>	:59:80
			50m	<i>BREASTSTROKE</i>	1:14:50
			50m	<i>FRONTCRAWL</i>	:55:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:25:30
			200m	<i>FRONTCRAWL</i>	4:30:70
			Elizabeth	BROWN	BronzePlus
50m	<i>BACKSTROKE</i>	:59:00			
50m	<i>BREASTSTROKE</i>	1:03:30			
50m	<i>FRONTCRAWL</i>	:59:80			
68m	<i>INDIVIDUAL MEDLEY</i>	1:28:80			
100m	<i>FRONTCRAWL</i>	2:26:50			
200m	<i>FRONTCRAWL</i>	4:44:40			
Mia	BYRNE	BronzePlus	50m	<i>BUTTERFLY</i>	1:24:40
			50m	<i>BACKSTROKE</i>	:59:70
			50m	<i>BREASTSTROKE</i>	1:22:90
			50m	<i>FRONTCRAWL</i>	:53:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:33:50
			100m	<i>FRONTCRAWL</i>	2:04:60
			200m	<i>FRONTCRAWL</i>	4:54:00



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Ben	COOK	Silver	50m	<i>BUTTERFLY</i>	1:07:70
			50m	<i>BACKSTROKE</i>	:59:20
			50m	<i>BREASTSTROKE</i>	:58:70
			50m	<i>FRONTCRAWL</i>	:47:20
			68m	<i>INDIVIDUAL MEDLEY</i>	1:19:30
			100m	<i>FRONTCRAWL</i>	2:01:20
			200m	<i>FRONTCRAWL</i>	3:54:30
Isla	CROLL	Gold	50m	<i>BUTTERFLY</i>	:43:90
			50m	<i>BACKSTROKE</i>	:39:10
			50m	<i>BREASTSTROKE</i>	:46:90
			50m	<i>FRONTCRAWL</i>	:35:20
			68m	<i>INDIVIDUAL MEDLEY</i>	1:01:30
			100m	<i>FRONTCRAWL</i>	1:23:80
			200m	<i>FRONTCRAWL</i>	3:04:40
Layla	DAY	Silver	400m	<i>FRONTCRAWL</i>	6:16:80
			50m	<i>BUTTERFLY</i>	1:01:50
			50m	<i>BACKSTROKE</i>	:50:20
			50m	<i>BREASTSTROKE</i>	1:02:40
			50m	<i>FRONTCRAWL</i>	:49:00
			68m	<i>INDIVIDUAL MEDLEY</i>	1:16:20
			100m	<i>FRONTCRAWL</i>	1:48:40
Mia	DAY	Gold	200m	<i>FRONTCRAWL</i>	4:02:30
			50m	<i>BUTTERFLY</i>	:38:10
			50m	<i>BACKSTROKE</i>	:36:30
			50m	<i>BREASTSTROKE</i>	:41:10
			50m	<i>FRONTCRAWL</i>	:33:30
			68m	<i>INDIVIDUAL MEDLEY</i>	:52:10
			100m	<i>FRONTCRAWL</i>	1:12:30
			200m	<i>FRONTCRAWL</i>	2:43:60
			400m	<i>FRONTCRAWL</i>	5:02:80
			400m	<i>INDIVIDUAL MEDLEY</i>	5:49:90
800m	<i>FRONTCRAWL</i>	10:49:50			
1500m	<i>FRONTCRAWL</i>	20:57:70			



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Toby	ELLIS	Gold	50m	<i>BUTTERFLY</i>	:49:10
			50m	<i>BACKSTROKE</i>	:44:90
			50m	<i>BREASTSTROKE</i>	:55:70
			50m	<i>FRONTCRAWL</i>	:40:80
			68m	<i>INDIVIDUAL MEDLEY</i>	1:07:50
			100m	<i>FRONTCRAWL</i>	1:31:70
			200m	<i>FRONTCRAWL</i>	3:25:10
			400m	<i>FRONTCRAWL</i>	5:55:70
			400m	<i>INDIVIDUAL MEDLEY</i>	7:20:20
			800m	<i>FRONTCRAWL</i>	13:05:50
			1500m	<i>FRONTCRAWL</i>	24:28:80
Asher	FLETCHER	Silver	50m	<i>BUTTERFLY</i>	:48:70
			50m	<i>BACKSTROKE</i>	:48:30
			50m	<i>BREASTSTROKE</i>	:54:10
			50m	<i>FRONTCRAWL</i>	:40:30
			68m	<i>INDIVIDUAL MEDLEY</i>	1:06:20
			100m	<i>FRONTCRAWL</i>	1:37:00
			200m	<i>FRONTCRAWL</i>	3:26:50
Grace	GODDARD	Gold	50m	<i>BUTTERFLY</i>	:41:70
			50m	<i>BACKSTROKE</i>	:35:90
			50m	<i>BREASTSTROKE</i>	:41:10
			50m	<i>FRONTCRAWL</i>	:31:40
			68m	<i>INDIVIDUAL MEDLEY</i>	:52:00
			100m	<i>FRONTCRAWL</i>	1:13:30
			200m	<i>FRONTCRAWL</i>	2:37:30
			400m	<i>FRONTCRAWL</i>	5:18:60
			800m	<i>FRONTCRAWL</i>	11:11:90
			1500m	<i>FRONTCRAWL</i>	22:22:30
Ruby	GODDARD	Gold	50m	<i>BUTTERFLY</i>	:55:80
			50m	<i>BACKSTROKE</i>	:49:70
			50m	<i>BREASTSTROKE</i>	:59:20
			50m	<i>FRONTCRAWL</i>	:47:40
			68m	<i>INDIVIDUAL MEDLEY</i>	1:14:80
			100m	<i>FRONTCRAWL</i>	1:59:60
			200m	<i>FRONTCRAWL</i>	3:47:50
			400m	<i>FRONTCRAWL</i>	6:59:70
			800m	<i>FRONTCRAWL</i>	14:56:60



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Toby	GODWIN	Silver	50m	<i>BUTTERFLY</i>	1:04:40
			50m	<i>BACKSTROKE</i>	:56:70
			50m	<i>BREASTSTROKE</i>	1:05:20
			50m	<i>FRONTCRAWL</i>	:48:40
			68m	<i>INDIVIDUAL MEDLEY</i>	1:19:60
			100m	<i>FRONTCRAWL</i>	1:49:30
			200m	<i>FRONTCRAWL</i>	3:46:90
Anna	HARDING	BronzePlus	50m	<i>BUTTERFLY</i>	1:14:30
			50m	<i>BACKSTROKE</i>	:57:70
			50m	<i>BREASTSTROKE</i>	1:13:00
			50m	<i>FRONTCRAWL</i>	1:04:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:34:40
			100m	<i>FRONTCRAWL</i>	2:42:90
			200m	<i>FRONTCRAWL</i>	5:14:60
Josh	HENDERSON	Gold	50m	<i>BUTTERFLY</i>	:46:60
			50m	<i>BACKSTROKE</i>	:54:70
			50m	<i>BREASTSTROKE</i>	:48:50
			50m	<i>FRONTCRAWL</i>	:42:90
			68m	<i>INDIVIDUAL MEDLEY</i>	1:06:90
			100m	<i>FRONTCRAWL</i>	1:47:60
			200m	<i>FRONTCRAWL</i>	3:33:70
			400m	<i>FRONTCRAWL</i>	6:36:30
Scott	HUTIN	Gold	800m	<i>FRONTCRAWL</i>	15:01:40
			50m	<i>BUTTERFLY</i>	:47:60
			50m	<i>BACKSTROKE</i>	:44:10
			50m	<i>BREASTSTROKE</i>	:52:40
			50m	<i>FRONTCRAWL</i>	:39:20
			68m	<i>INDIVIDUAL MEDLEY</i>	1:02:10
			100m	<i>FRONTCRAWL</i>	1:29:70
			200m	<i>FRONTCRAWL</i>	3:11:00
			400m	<i>FRONTCRAWL</i>	5:42:60
			400m	<i>INDIVIDUAL MEDLEY</i>	6:43:70
800m	<i>FRONTCRAWL</i>	12:04:70			
1500m	<i>FRONTCRAWL</i>	22:43:80			



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Katie	JONES	Silver	50m	<i>BUTTERFLY</i>	1:16:80
			50m	<i>BACKSTROKE</i>	:51:90
			50m	<i>BREASTSTROKE</i>	1:03:40
			50m	<i>FRONTCRAWL</i>	:47:80
			68m	<i>INDIVIDUAL MEDLEY</i>	1:20:60
			100m	<i>FRONTCRAWL</i>	2:03:80
			200m	<i>FRONTCRAWL</i>	4:13:70
Jacob	KNAPP	Bronze	50m	<i>BUTTERFLY</i>	1:03:80
			50m	<i>BACKSTROKE</i>	:54:30
			50m	<i>BREASTSTROKE</i>	1:13:40
			50m	<i>FRONTCRAWL</i>	:52:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:26:60
			200m	<i>FRONTCRAWL</i>	4:20:20
			Leila	MCNAMARA	Gold
50m	<i>BACKSTROKE</i>	:47:60			
50m	<i>BREASTSTROKE</i>	:49:40			
50m	<i>FRONTCRAWL</i>	:42:30			
68m	<i>INDIVIDUAL MEDLEY</i>	1:06:50			
100m	<i>FRONTCRAWL</i>	1:37:90			
200m	<i>FRONTCRAWL</i>	3:47:00			
400m	<i>FRONTCRAWL</i>	6:48:00			
800m	<i>FRONTCRAWL</i>	15:03:80			
1500m	<i>FRONTCRAWL</i>	28:01:20			
Emily	MORGAN	Bronze	50m	<i>BUTTERFLY</i>	1:13:50
			50m	<i>BREASTSTROKE</i>	1:12:20
			50m	<i>FRONTCRAWL</i>	1:00:50
			68m	<i>INDIVIDUAL MEDLEY</i>	1:37:40
Katie-Grace	MORGAN	Silver	50m	<i>BUTTERFLY</i>	:59:60
			50m	<i>BACKSTROKE</i>	:58:40
			50m	<i>BREASTSTROKE</i>	1:00:20
			50m	<i>FRONTCRAWL</i>	:48:00
			68m	<i>INDIVIDUAL MEDLEY</i>	1:19:20
			100m	<i>FRONTCRAWL</i>	2:10:10
			200m	<i>FRONTCRAWL</i>	4:02:60



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Rebecca	PIKE	Gold	50m	<i>BUTTERFLY</i>	:43:00
			50m	<i>BACKSTROKE</i>	:40:40
			50m	<i>BREASTSTROKE</i>	:50:10
			50m	<i>FRONTCRAWL</i>	:36:10
			68m	<i>INDIVIDUAL MEDLEY</i>	:59:60
			100m	<i>FRONTCRAWL</i>	1:20:50
			200m	<i>FRONTCRAWL</i>	3:22:60
			400m	<i>FRONTCRAWL</i>	6:06:80
			1500m	<i>FRONTCRAWL</i>	24:23:70
Morgan	PRANGLE	Bronze	50m	<i>BUTTERFLY</i>	1:23:50
			50m	<i>BACKSTROKE</i>	:59:70
			50m	<i>BREASTSTROKE</i>	1:17:20
			50m	<i>FRONTCRAWL</i>	:52:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:36:10
			100m	<i>FRONTCRAWL</i>	2:18:50
			200m	<i>FRONTCRAWL</i>	4:44:80
Jacob	RICHARDSON-FITT	Gold	50m	<i>BUTTERFLY</i>	:57:00
			50m	<i>BACKSTROKE</i>	:49:50
			50m	<i>BREASTSTROKE</i>	:53:80
			50m	<i>FRONTCRAWL</i>	:44:70
			68m	<i>INDIVIDUAL MEDLEY</i>	1:13:60
			100m	<i>FRONTCRAWL</i>	1:42:00
			200m	<i>FRONTCRAWL</i>	3:38:70
			400m	<i>FRONTCRAWL</i>	7:09:10
			1500m	<i>FRONTCRAWL</i>	27:10:00
Max	ROWLINSON	Silver	50m	<i>BUTTERFLY</i>	1:02:40
			50m	<i>BACKSTROKE</i>	:53:30
			50m	<i>BREASTSTROKE</i>	1:00:20
			50m	<i>FRONTCRAWL</i>	:47:50
			68m	<i>INDIVIDUAL MEDLEY</i>	1:16:40
			100m	<i>FRONTCRAWL</i>	1:50:90
			200m	<i>FRONTCRAWL</i>	3:54:60



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First Name	Last Name	Squad	Distance	Stroke	Time
Emily	RUSSELL	Silver	50m	<i>BUTTERFLY</i>	1:03:10
			50m	<i>BACKSTROKE</i>	:52:90
			50m	<i>BREASTSTROKE</i>	1:12:60
			50m	<i>FRONTCRAWL</i>	:48:70
			68m	<i>INDIVIDUAL MEDLEY</i>	1:23:40
			100m	<i>FRONTCRAWL</i>	1:56:10
			200m	<i>FRONTCRAWL</i>	3:55:10
Grace	SANDFORD	BronzePlus	50m	<i>BUTTERFLY</i>	:58:60
			50m	<i>BACKSTROKE</i>	:59:40
			50m	<i>BREASTSTROKE</i>	:59:10
			50m	<i>FRONTCRAWL</i>	:49:20
			68m	<i>INDIVIDUAL MEDLEY</i>	1:19:50
			100m	<i>FRONTCRAWL</i>	2:10:90
			200m	<i>FRONTCRAWL</i>	4:29:40
Lucy	SELBY	Gold	50m	<i>BUTTERFLY</i>	:49:50
			50m	<i>BACKSTROKE</i>	:43:90
			50m	<i>BREASTSTROKE</i>	:52:20
			50m	<i>FRONTCRAWL</i>	:37:90
			68m	<i>INDIVIDUAL MEDLEY</i>	1:03:40
			100m	<i>FRONTCRAWL</i>	1:25:80
			200m	<i>FRONTCRAWL</i>	3:20:80
			400m	<i>FRONTCRAWL</i>	5:35:10
			400m	<i>INDIVIDUAL MEDLEY</i>	6:56:70
			800m	<i>FRONTCRAWL</i>	12:11:20
1500m	<i>FRONTCRAWL</i>	22:33:50			
Daisy	SMITH	Gold	50m	<i>BUTTERFLY</i>	:43:10
			50m	<i>BACKSTROKE</i>	:42:50
			50m	<i>BREASTSTROKE</i>	:50:90
			50m	<i>FRONTCRAWL</i>	:36:40
			68m	<i>INDIVIDUAL MEDLEY</i>	:59:80
			100m	<i>FRONTCRAWL</i>	1:28:10
			200m	<i>FRONTCRAWL</i>	3:11:40



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First Name	Last Name	Squad	Distance	Stroke	Time
Finley	TAPLIN	Silver	50m	<i>BUTTERFLY</i>	1:00:00
			50m	<i>BACKSTROKE</i>	:52:60
			50m	<i>BREASTSTROKE</i>	:53:90
			50m	<i>FRONTCRAWL</i>	:41:30
			68m	<i>INDIVIDUAL MEDLEY</i>	1:09:10
			100m	<i>FRONTCRAWL</i>	1:40:80
			200m	<i>FRONTCRAWL</i>	3:28:20
			400m	<i>FRONTCRAWL</i>	6:47:80
Grace	WILLIAMS	Silver	50m	<i>BUTTERFLY</i>	:53:20
			50m	<i>BACKSTROKE</i>	:48:90
			50m	<i>BREASTSTROKE</i>	1:03:40
			50m	<i>FRONTCRAWL</i>	:44:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:11:20
			100m	<i>FRONTCRAWL</i>	1:55:60
			200m	<i>FRONTCRAWL</i>	3:49:10
Amelia	WOODFORD	Bronze	50m	<i>BUTTERFLY</i>	1:09:80
			50m	<i>BACKSTROKE</i>	1:03:50
			50m	<i>BREASTSTROKE</i>	1:08:80
			50m	<i>FRONTCRAWL</i>	:59:70
			68m	<i>INDIVIDUAL MEDLEY</i>	1:29:70
			100m	<i>FRONTCRAWL</i>	2:14:10
			200m	<i>FRONTCRAWL</i>	4:51:50
Amelia	WRIGHT	Bronze	50m	<i>BUTTERFLY</i>	1:31:90
			50m	<i>BACKSTROKE</i>	1:02:10
			50m	<i>BREASTSTROKE</i>	1:22:00
			50m	<i>FRONTCRAWL</i>	1:01:40
			68m	<i>INDIVIDUAL MEDLEY</i>	1:48:30
			100m	<i>FRONTCRAWL</i>	2:32:80
			200m	<i>FRONTCRAWL</i>	5:19:70