



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Jasmine	ALLEN	SilverPlus	50m	<i>BUTTERFLY</i>	:55:70
			50m	<i>BACKSTROKE</i>	:47:30
			50m	<i>BREASTSTROKE</i>	:57:80
			50m	<i>FRONTCRAWL</i>	:41:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:10:90
			100m	<i>FRONTCRAWL</i>	1:31:40
			200m	<i>FRONTCRAWL</i>	3:47:60
Charlotte	ARIS	Gold	50m	<i>BUTTERFLY</i>	:38:20
			50m	<i>BACKSTROKE</i>	:36:40
			50m	<i>BREASTSTROKE</i>	:49:60
			50m	<i>FRONTCRAWL</i>	:34:70
			68m	<i>INDIVIDUAL MEDLEY</i>	:54:80
			100m	<i>FRONTCRAWL</i>	1:13:70
			200m	<i>FRONTCRAWL</i>	2:43:40
			400m	<i>FRONTCRAWL</i>	6:13:60
			400m	<i>INDIVIDUAL MEDLEY</i>	7:01:80
			800m	<i>FRONTCRAWL</i>	14:07:75
1500m	<i>FRONTCRAWL</i>	26:18:60			
Annie	ARMITAGE	Silver	50m	<i>BUTTERFLY</i>	1:13:90
			50m	<i>BACKSTROKE</i>	:55:30
			50m	<i>BREASTSTROKE</i>	1:18:60
			50m	<i>FRONTCRAWL</i>	:53:40
			68m	<i>INDIVIDUAL MEDLEY</i>	1:29:20
			100m	<i>FRONTCRAWL</i>	2:07:30
			200m	<i>FRONTCRAWL</i>	4:35:80
Emilia	ARMITAGE	Silver	50m	<i>BUTTERFLY</i>	:52:10
			50m	<i>BACKSTROKE</i>	:43:50
			50m	<i>BREASTSTROKE</i>	1:07:70
			50m	<i>FRONTCRAWL</i>	:42:80
			68m	<i>INDIVIDUAL MEDLEY</i>	1:17:10
			100m	<i>FRONTCRAWL</i>	1:37:30
			200m	<i>FRONTCRAWL</i>	3:51:60
Amelia	BAGBY	BronzePlus	50m	<i>BUTTERFLY</i>	1:25:90
			50m	<i>BACKSTROKE</i>	1:08:50
			50m	<i>BREASTSTROKE</i>	1:12:80
			50m	<i>FRONTCRAWL</i>	1:19:80
			68m	<i>INDIVIDUAL MEDLEY</i>	1:49:50



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Sophie	BAGBY	Gold	50m	<i>BUTTERFLY</i>	:51:30
			50m	<i>BACKSTROKE</i>	:46:60
			50m	<i>BREASTSTROKE</i>	:48:10
			50m	<i>FRONTCRAWL</i>	:38:40
			68m	<i>INDIVIDUAL MEDLEY</i>	1:03:30
			100m	<i>FRONTCRAWL</i>	1:24:70
			200m	<i>FRONTCRAWL</i>	3:27:90
			400m	<i>FRONTCRAWL</i>	6:21:80
Joshua	BEADSWORTH	Gold	50m	<i>BUTTERFLY</i>	:43:40
			50m	<i>BACKSTROKE</i>	:42:30
			50m	<i>BREASTSTROKE</i>	:56:00
			50m	<i>FRONTCRAWL</i>	:36:50
			68m	<i>INDIVIDUAL MEDLEY</i>	1:01:30
			100m	<i>FRONTCRAWL</i>	1:21:50
			200m	<i>FRONTCRAWL</i>	3:25:40
Eva	BEAUDRO	Silver	400m	<i>FRONTCRAWL</i>	6:21:80
			50m	<i>BUTTERFLY</i>	1:12:20
			50m	<i>BACKSTROKE</i>	:57:10
			50m	<i>BREASTSTROKE</i>	1:08:80
			50m	<i>FRONTCRAWL</i>	:54:70
			68m	<i>INDIVIDUAL MEDLEY</i>	1:28:80
			100m	<i>FRONTCRAWL</i>	2:05:50
Owen	BERRY	Silver	200m	<i>FRONTCRAWL</i>	4:41:10
			50m	<i>BUTTERFLY</i>	:56:00
			50m	<i>BACKSTROKE</i>	:45:90
			50m	<i>BREASTSTROKE</i>	:59:30
			50m	<i>FRONTCRAWL</i>	:43:50
			68m	<i>INDIVIDUAL MEDLEY</i>	1:08:80
			100m	<i>FRONTCRAWL</i>	1:34:40
Eve	BOWDEN	Bronze	200m	<i>FRONTCRAWL</i>	3:45:70
			50m	<i>BUTTERFLY</i>	1:31:00
			50m	<i>BACKSTROKE</i>	1:13:70
			50m	<i>BREASTSTROKE</i>	1:17:90
			50m	<i>FRONTCRAWL</i>	1:07:90
			68m	<i>INDIVIDUAL MEDLEY</i>	1:50:40



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Elizabeth	BROWN	Gold	50m	<i>BUTTERFLY</i>	:56:20
			50m	<i>BACKSTROKE</i>	:46:30
			50m	<i>BREASTSTROKE</i>	:55:70
			50m	<i>FRONTCRAWL</i>	:40:90
			68m	<i>INDIVIDUAL MEDLEY</i>	1:09:30
			100m	<i>FRONTCRAWL</i>	1:31:20
			200m	<i>FRONTCRAWL</i>	3:53:20
			400m	<i>FRONTCRAWL</i>	6:57:60
Mia	BYRNE	Silver	50m	<i>BUTTERFLY</i>	1:07:70
			50m	<i>BACKSTROKE</i>	:49:50
			50m	<i>BREASTSTROKE</i>	1:09:80
			50m	<i>FRONTCRAWL</i>	:46:70
			68m	<i>INDIVIDUAL MEDLEY</i>	1:21:50
			100m	<i>FRONTCRAWL</i>	1:53:00
			200m	<i>FRONTCRAWL</i>	4:05:20
Ben	COOK	Gold	50m	<i>BUTTERFLY</i>	:59:10
			50m	<i>BACKSTROKE</i>	:52:80
			50m	<i>BREASTSTROKE</i>	:57:70
			50m	<i>FRONTCRAWL</i>	:44:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:15:00
			100m	<i>FRONTCRAWL</i>	1:45:70
			200m	<i>FRONTCRAWL</i>	3:36:50
			800m	<i>FRONTCRAWL</i>	15:20:90
Layla	DAY	Gold	50m	<i>BUTTERFLY</i>	:55:10
			50m	<i>BACKSTROKE</i>	:46:10
			50m	<i>BREASTSTROKE</i>	:59:20
			50m	<i>FRONTCRAWL</i>	:40:20
			68m	<i>INDIVIDUAL MEDLEY</i>	1:09:90
			100m	<i>FRONTCRAWL</i>	1:32:80
			200m	<i>FRONTCRAWL</i>	3:33:00
			400m	<i>FRONTCRAWL</i>	6:45:80
			800m	<i>FRONTCRAWL</i>	14:04:40



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Toby	ELLIS	Gold	50m	<i>BUTTERFLY</i>	:41:00
			50m	<i>BACKSTROKE</i>	:38:60
			50m	<i>BREASTSTROKE</i>	:47:50
			50m	<i>FRONTCRAWL</i>	:35:70
			68m	<i>INDIVIDUAL MEDLEY</i>	:56:50
			100m	<i>FRONTCRAWL</i>	1:31:70
			200m	<i>FRONTCRAWL</i>	2:44:70
			400m	<i>FRONTCRAWL</i>	5:55:70
			400m	<i>INDIVIDUAL MEDLEY</i>	6:41:10
			800m	<i>FRONTCRAWL</i>	12:19:30
			1500m	<i>FRONTCRAWL</i>	23:55:30
Asher	FLETCHER	Gold	50m	<i>BUTTERFLY</i>	:39:10
			50m	<i>BACKSTROKE</i>	:44:30
			50m	<i>BREASTSTROKE</i>	:50:50
			50m	<i>FRONTCRAWL</i>	:36:30
			68m	<i>INDIVIDUAL MEDLEY</i>	1:00:30
			100m	<i>FRONTCRAWL</i>	1:20:10
			200m	<i>FRONTCRAWL</i>	3:05:70
Isla	FOX	BronzePlus	50m	<i>BUTTERFLY</i>	1:05:50
			50m	<i>BACKSTROKE</i>	:59:50
			50m	<i>BREASTSTROKE</i>	1:13:50
			50m	<i>FRONTCRAWL</i>	:55:70
			68m	<i>INDIVIDUAL MEDLEY</i>	1:26:80
			100m	<i>FRONTCRAWL</i>	2:17:00
			200m	<i>FRONTCRAWL</i>	4:58:60
Ruby	GODDARD	Gold	50m	<i>BUTTERFLY</i>	:47:60
			50m	<i>BACKSTROKE</i>	:41:10
			50m	<i>BREASTSTROKE</i>	:52:20
			50m	<i>FRONTCRAWL</i>	:37:90
			68m	<i>INDIVIDUAL MEDLEY</i>	1:02:20
			100m	<i>FRONTCRAWL</i>	1:25:90
			200m	<i>FRONTCRAWL</i>	3:17:90
			400m	<i>FRONTCRAWL</i>	6:59:70
			400m	<i>INDIVIDUAL MEDLEY</i>	7:38:90
			800m	<i>FRONTCRAWL</i>	14:56:60



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Toby	GODWIN	Gold	50m	<i>BUTTERFLY</i>	:54:20
			50m	<i>BACKSTROKE</i>	:46:40
			50m	<i>BREASTSTROKE</i>	:55:20
			50m	<i>FRONTCRAWL</i>	:43:50
			68m	<i>INDIVIDUAL MEDLEY</i>	1:09:10
			100m	<i>FRONTCRAWL</i>	1:33:60
			200m	<i>FRONTCRAWL</i>	3:33:50
			400m	<i>FRONTCRAWL</i>	6:50:40
Anna	HARDING	Silver	50m	<i>BUTTERFLY</i>	1:04:00
			50m	<i>BACKSTROKE</i>	:51:20
			50m	<i>BREASTSTROKE</i>	1:04:10
			50m	<i>FRONTCRAWL</i>	:46:90
			68m	<i>INDIVIDUAL MEDLEY</i>	1:13:90
			100m	<i>FRONTCRAWL</i>	2:03:60
			200m	<i>FRONTCRAWL</i>	4:35:10
Ella	HARRISON	Gold	50m	<i>BUTTERFLY</i>	:49:20
			50m	<i>BACKSTROKE</i>	:47:30
			50m	<i>BREASTSTROKE</i>	:58:30
			50m	<i>FRONTCRAWL</i>	:41:00
			68m	<i>INDIVIDUAL MEDLEY</i>	1:09:60
			100m	<i>FRONTCRAWL</i>	1:35:30
			200m	<i>FRONTCRAWL</i>	3:36:80
			400m	<i>FRONTCRAWL</i>	7:17:60
Alfie	HENDERSON	Silver	50m	<i>BUTTERFLY</i>	:59:50
			50m	<i>BACKSTROKE</i>	:51:00
			50m	<i>BREASTSTROKE</i>	1:03:70
			50m	<i>FRONTCRAWL</i>	:44:50
			68m	<i>INDIVIDUAL MEDLEY</i>	1:17:50
			100m	<i>FRONTCRAWL</i>	2:06:90
			200m	<i>FRONTCRAWL</i>	4:13:20



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Josh	HENDERSON	Gold	50m	<i>BUTTERFLY</i>	:42:00
			50m	<i>BACKSTROKE</i>	:43:80
			50m	<i>BREASTSTROKE</i>	:42:00
			50m	<i>FRONTCRAWL</i>	:35:00
			68m	<i>INDIVIDUAL MEDLEY</i>	:56:10
			100m	<i>FRONTCRAWL</i>	1:22:50
			200m	<i>FRONTCRAWL</i>	3:02:00
			400m	<i>FRONTCRAWL</i>	6:36:30
			400m	<i>INDIVIDUAL MEDLEY</i>	7:04:20
			800m	<i>FRONTCRAWL</i>	12:55:60
Katie	JONES	Gold	50m	<i>BUTTERFLY</i>	:53:10
			50m	<i>BACKSTROKE</i>	:45:00
			50m	<i>BREASTSTROKE</i>	:53:00
			50m	<i>FRONTCRAWL</i>	:39:90
			68m	<i>INDIVIDUAL MEDLEY</i>	1:03:80
			100m	<i>FRONTCRAWL</i>	1:28:80
			200m	<i>FRONTCRAWL</i>	3:49:30
			400m	<i>FRONTCRAWL</i>	6:44:50
George	KENNEDY	Bronze	50m	<i>BUTTERFLY</i>	1:18:90
			50m	<i>BACKSTROKE</i>	1:05:60
			50m	<i>BREASTSTROKE</i>	1:15:70
			50m	<i>FRONTCRAWL</i>	1:11:90
			68m	<i>INDIVIDUAL MEDLEY</i>	1:46:60
Sam	KENT	BronzePlus	50m	<i>BUTTERFLY</i>	1:22:90
			50m	<i>BACKSTROKE</i>	:59:10
			50m	<i>BREASTSTROKE</i>	1:20:50
			50m	<i>FRONTCRAWL</i>	:52:90
			68m	<i>INDIVIDUAL MEDLEY</i>	1:39:40
			100m	<i>FRONTCRAWL</i>	2:15:00
Jacob	KNAPP	Gold	200m	<i>FRONTCRAWL</i>	4:45:30
			50m	<i>BUTTERFLY</i>	:50:90
			50m	<i>BACKSTROKE</i>	:43:30
			50m	<i>BREASTSTROKE</i>	:59:60
			50m	<i>FRONTCRAWL</i>	:42:30
68m	<i>INDIVIDUAL MEDLEY</i>	1:08:20			
100m	<i>FRONTCRAWL</i>	1:44:60			
200m	<i>FRONTCRAWL</i>	3:28:60			
400m	<i>FRONTCRAWL</i>	6:57:90			



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Lily-Anne	KNIGHT	BronzePlus	50m	<i>BUTTERFLY</i>	1:23:90
			50m	<i>BACKSTROKE</i>	1:08:50
			50m	<i>BREASTSTROKE</i>	1:18:00
			50m	<i>FRONTCRAWL</i>	1:05:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:46:40
			100m	<i>FRONTCRAWL</i>	2:39:30
Jonny	LEEDS	BronzePlus	50m	<i>BUTTERFLY</i>	1:26:60
			50m	<i>BACKSTROKE</i>	1:01:40
			50m	<i>BREASTSTROKE</i>	1:12:80
			50m	<i>FRONTCRAWL</i>	1:04:10
			68m	<i>INDIVIDUAL MEDLEY</i>	1:42:50
			100m	<i>FRONTCRAWL</i>	2:31:60
Isla	LONGMAN	Silver	50m	<i>BACKSTROKE</i>	:48:70
			50m	<i>BREASTSTROKE</i>	1:01:80
			50m	<i>FRONTCRAWL</i>	:47:00
			68m	<i>INDIVIDUAL MEDLEY</i>	1:13:10
			100m	<i>FRONTCRAWL</i>	1:54:70
Reims	MCCARTHY	Silver	50m	<i>BUTTERFLY</i>	:57:60
			50m	<i>BACKSTROKE</i>	:48:80
			50m	<i>BREASTSTROKE</i>	:57:20
			50m	<i>FRONTCRAWL</i>	:43:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:10:60
			100m	<i>FRONTCRAWL</i>	1:39:40
			200m	<i>FRONTCRAWL</i>	4:08:00
Leila	MCNAMARA	Gold	50m	<i>BUTTERFLY</i>	:43:50
			50m	<i>BACKSTROKE</i>	:45:70
			50m	<i>BREASTSTROKE</i>	:42:60
			50m	<i>FRONTCRAWL</i>	:37:60
			68m	<i>INDIVIDUAL MEDLEY</i>	:56:30
			100m	<i>FRONTCRAWL</i>	1:22:30
			200m	<i>FRONTCRAWL</i>	2:57:30
			400m	<i>FRONTCRAWL</i>	6:48:00
			400m	<i>INDIVIDUAL MEDLEY</i>	7:18:00
			800m	<i>FRONTCRAWL</i>	12:55:50
1500m	<i>FRONTCRAWL</i>	26:37:30			



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Emily	MORGAN	Silver	50m	<i>BUTTERFLY</i>	1:05:50
			50m	<i>BACKSTROKE</i>	:55:00
			50m	<i>BREASTSTROKE</i>	:58:80
			50m	<i>FRONTCRAWL</i>	:50:60
			68m	<i>INDIVIDUAL MEDLEY</i>	1:19:90
			100m	<i>FRONTCRAWL</i>	2:07:70
			200m	<i>FRONTCRAWL</i>	4:18:80
Harrison	PLAW	Gold	50m	<i>BUTTERFLY</i>	:56:00
			50m	<i>BACKSTROKE</i>	:42:90
			50m	<i>BREASTSTROKE</i>	:50:10
			50m	<i>FRONTCRAWL</i>	:40:50
			68m	<i>INDIVIDUAL MEDLEY</i>	1:06:80
			100m	<i>FRONTCRAWL</i>	1:45:60
			400m	<i>FRONTCRAWL</i>	7:15:70
Morgan	PRANGLE	Silver	50m	<i>BUTTERFLY</i>	1:03:30
			50m	<i>BACKSTROKE</i>	:55:50
			50m	<i>BREASTSTROKE</i>	1:04:30
			50m	<i>FRONTCRAWL</i>	:46:80
			68m	<i>INDIVIDUAL MEDLEY</i>	1:22:70
			100m	<i>FRONTCRAWL</i>	2:05:20
			200m	<i>FRONTCRAWL</i>	4:00:30
Max	ROWLINSON	Gold	50m	<i>BUTTERFLY</i>	:52:30
			50m	<i>BACKSTROKE</i>	:47:90
			50m	<i>BREASTSTROKE</i>	:55:90
			50m	<i>FRONTCRAWL</i>	:44:90
			68m	<i>INDIVIDUAL MEDLEY</i>	1:08:20
			100m	<i>FRONTCRAWL</i>	1:33:20
			200m	<i>FRONTCRAWL</i>	3:39:10
Emily	RUSSELL	Gold	400m	<i>FRONTCRAWL</i>	6:50:20
			50m	<i>BUTTERFLY</i>	:55:50
			50m	<i>BACKSTROKE</i>	:47:50
			50m	<i>BREASTSTROKE</i>	1:02:40
			50m	<i>FRONTCRAWL</i>	:44:50
			68m	<i>INDIVIDUAL MEDLEY</i>	1:13:60
			100m	<i>FRONTCRAWL</i>	1:37:30
200m	<i>FRONTCRAWL</i>	3:25:20			
800m	<i>FRONTCRAWL</i>	15:07:90			



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Matilda	RUSSELL	Silver	50m	<i>BUTTERFLY</i>	1:21:30
			50m	<i>BACKSTROKE</i>	:55:70
			50m	<i>BREASTSTROKE</i>	1:13:00
			50m	<i>FRONTCRAWL</i>	:54:70
			68m	<i>INDIVIDUAL MEDLEY</i>	1:32:20
			100m	<i>FRONTCRAWL</i>	2:23:60
			200m	<i>FRONTCRAWL</i>	5:13:60
Grace	SANDFORD	Silver	50m	<i>BUTTERFLY</i>	:55:00
			50m	<i>BACKSTROKE</i>	:49:20
			50m	<i>BREASTSTROKE</i>	:57:90
			50m	<i>FRONTCRAWL</i>	:44:50
			68m	<i>INDIVIDUAL MEDLEY</i>	1:11:70
			100m	<i>FRONTCRAWL</i>	1:44:30
			200m	<i>FRONTCRAWL</i>	3:56:50
Erin	SANSOM ZAJA	BronzePlus	50m	<i>BUTTERFLY</i>	1:15:40
			50m	<i>BACKSTROKE</i>	1:00:20
			50m	<i>BREASTSTROKE</i>	1:25:10
			50m	<i>FRONTCRAWL</i>	1:06:10
			68m	<i>INDIVIDUAL MEDLEY</i>	1:43:10
			100m	<i>FRONTCRAWL</i>	2:35:50
Lucy	SELBY	Gold	50m	<i>BUTTERFLY</i>	:39:90
			50m	<i>BACKSTROKE</i>	:38:40
			50m	<i>BREASTSTROKE</i>	:44:70
			50m	<i>FRONTCRAWL</i>	:34:70
			68m	<i>INDIVIDUAL MEDLEY</i>	:54:30
			100m	<i>FRONTCRAWL</i>	1:17:00
			200m	<i>FRONTCRAWL</i>	2:43:30
			400m	<i>FRONTCRAWL</i>	5:14:90
			400m	<i>INDIVIDUAL MEDLEY</i>	6:29:80
			800m	<i>FRONTCRAWL</i>	11:06:40
			1500m	<i>FRONTCRAWL</i>	22:08:50
Harry	SHARPE	BronzePlus	50m	<i>BUTTERFLY</i>	1:02:90
			50m	<i>BACKSTROKE</i>	1:09:80
			50m	<i>BREASTSTROKE</i>	1:20:70
			50m	<i>FRONTCRAWL</i>	1:04:10
			68m	<i>INDIVIDUAL MEDLEY</i>	1:35:70
			100m	<i>FRONTCRAWL</i>	2:36:60



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Evie	SHERRIFF LEE	Silver	50m	<i>BUTTERFLY</i>	:48:90
			50m	<i>BACKSTROKE</i>	:49:40
			50m	<i>BREASTSTROKE</i>	:52:10
			50m	<i>FRONTCRAWL</i>	:41:30
			68m	<i>INDIVIDUAL MEDLEY</i>	1:05:90
			100m	<i>FRONTCRAWL</i>	2:03:10
			200m	<i>FRONTCRAWL</i>	3:57:90
Daisy	SMITH	Gold	50m	<i>BUTTERFLY</i>	:40:90
			50m	<i>BACKSTROKE</i>	:41:90
			50m	<i>BREASTSTROKE</i>	:47:70
			50m	<i>FRONTCRAWL</i>	:36:40
			68m	<i>INDIVIDUAL MEDLEY</i>	:58:10
			100m	<i>FRONTCRAWL</i>	1:28:10
			200m	<i>FRONTCRAWL</i>	2:53:10
			400m	<i>FRONTCRAWL</i>	5:53:20
			400m	<i>INDIVIDUAL MEDLEY</i>	7:10:80
			800m	<i>FRONTCRAWL</i>	12:55:30
1500m	<i>FRONTCRAWL</i>	26:03:70			
Finley	TAPLIN	Gold	50m	<i>BUTTERFLY</i>	:50:40
			50m	<i>BACKSTROKE</i>	:44:60
			50m	<i>BREASTSTROKE</i>	:47:80
			50m	<i>FRONTCRAWL</i>	:38:70
			68m	<i>INDIVIDUAL MEDLEY</i>	1:00:80
			100m	<i>FRONTCRAWL</i>	1:23:50
			200m	<i>FRONTCRAWL</i>	3:06:50
			400m	<i>FRONTCRAWL</i>	6:21:10
			400m	<i>INDIVIDUAL MEDLEY</i>	7:37:60
			800m	<i>FRONTCRAWL</i>	13:40:20
1500m	<i>FRONTCRAWL</i>	26:36:50			
Grace	WILLIAMS	SilverPlus	50m	<i>BUTTERFLY</i>	:46:80
			50m	<i>BACKSTROKE</i>	:48:50
			50m	<i>BREASTSTROKE</i>	1:03:20
			50m	<i>FRONTCRAWL</i>	:44:40
			68m	<i>INDIVIDUAL MEDLEY</i>	1:10:10
			100m	<i>FRONTCRAWL</i>	1:38:10
			200m	<i>FRONTCRAWL</i>	3:48:50
			400m	<i>FRONTCRAWL</i>	7:31:20



Time Trial: Best Times

First Name	Last Name	Squad	Distance	Stroke	Time
Kai	WOLD	BronzePlus	50m	<i>BUTTERFLY</i>	1:15:40
			50m	<i>BACKSTROKE</i>	1:00:90
			50m	<i>BREASTSTROKE</i>	1:28:00
			50m	<i>FRONTCRAWL</i>	1:08:80
			68m	<i>INDIVIDUAL MEDLEY</i>	1:37:50
			100m	<i>FRONTCRAWL</i>	2:24:20
			200m	<i>FRONTCRAWL</i>	6:10:60
Amelia	WOODFORD	Silver	50m	<i>BUTTERFLY</i>	:55:00
			50m	<i>BACKSTROKE</i>	:51:10
			50m	<i>BREASTSTROKE</i>	:56:00
			50m	<i>FRONTCRAWL</i>	:47:20
			68m	<i>INDIVIDUAL MEDLEY</i>	1:11:60
			100m	<i>FRONTCRAWL</i>	1:50:20
			200m	<i>FRONTCRAWL</i>	4:26:80
Amelia	WRIGHT	Silver	50m	<i>BUTTERFLY</i>	1:02:60
			50m	<i>BACKSTROKE</i>	:50:50
			50m	<i>BREASTSTROKE</i>	1:07:50
			50m	<i>FRONTCRAWL</i>	:47:10
			68m	<i>INDIVIDUAL MEDLEY</i>	1:16:10
			100m	<i>FRONTCRAWL</i>	1:43:70
			200m	<i>FRONTCRAWL</i>	4:12:90