



A GUIDE TO ENTERING COMPETITION

There are generally two types of competition:

- Galas – a team event where swimmers score points for their club
- Licensed Open Meets – swimmers compete as an individual under their club's name

Each competition has a separate folder on the LHSS website containing all the info you require [Locks Heath Swim Squad - COMPETITION ENTRY INFO](#)

Galas

A gala is usually an evening event. A “team” of swimmers will be selected in advance. Team Selection will be posted on the LHSS website.

All selected swimmers are required to complete the online Entry Form to indicate availability. Swimmers do not select their events for galas. The Coach allocate swims and swimmers will usually find out at the event which swims they are competing in.

There are different types of galas (Fun, Novice, League, Trophy) providing competition for all ages and levels. Most galas consist of individual and relay events.

Swimmers are to remain poolside until the scores have been announced. There are no individual medals at galas.

Licensed Open Meets

An Open Meet is usually a one or two day event.

Swimmers must select the events they wish to enter using the online Entry Form. If you submit a second form it will override the original.

Program of Events, Promoters Conditions, Qualifying Times (if applicable) and an Entry Suggestion will be posted on the LHSS website.

Swimmers are awarded medals as per Promoters Conditions.

Open Meets are licensed by Swim England. There are four levels of license (1-4) providing competition for all ages and levels. Results from licensed Meets are submitted to the British Swimming Rankings [| Swim England \(swimmingresults.org\)](#)

Information on licensing can be found at [Licensed Meets | Competitive Swimming in England](#)

Payment

Payment details are displayed on all Entry Forms.

Payments and entries **must** be received by the Closing Date with the correct reference. Late entries can not be accepted.

Gala entry is a flat fee per swimmer.

Open Meet fees are dictated by the hosting club. There is an entry fee per event plus an admin fee per swimmer.

If you have any questions, please contact lynda@locksheathswimsquad.co.uk