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**Locks Heath Club Championships 2025**

Running jointly with Hamble Aquatics, Havant & Waterlooville & Bassett Swimming Clubs

Licence No. 4SExxxxx

Under Swim England laws and Technical Rules

Affiliated to Swim England South East

# 4th, 5th & 11th October 2025

## Waterlooville Leisure Centre

Waterberry Drive, Waterlooville, PO7 7UW

**AND**

# 15th November 2025

## Mountbatten Leisure Centre

Alex Way, Hilsea, PO2 9QA

**Ages as at midnight 31 December 2025**

**Age Groups**: 8 & under, 9/10, 11/12, 13/14, 15 & over

**Events**: 50m, 100m & 200m all strokes, 100m, 200m & 400m Individual Medley

### and 400m, 800m & 1500m Freestyle

**Programme of Events**

**SATURDAY 4 OCTOBER 2025** **- Waterlooville**

**Session 1: Warm-up 8.30am Start 9.35am Expected finish (TBC)**

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| **Girls Event** | Description | Age Group | **Boys Event** | Description | Age Group |
|  |  | 60 Minute warm-up | |  |  |
| 101 | 50m Breaststroke | Open | 102 | 50m Breaststroke | Open |
| 103 | 100m Backstroke | Open | 104 | 100m Backstroke | Open |
| 105 | 200m Freestyle | Open | 106 | 200m Freestyle | Open |

**SATURDAY 4 OCTOBER 2025 - Waterlooville**

**Session 2: Warm-up TBC Start TBC Expected finish (TBC)**

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| **Girls Event** | Description | Age Group | **Boys Event** | Description | Age Group |
|  |  | 60 Minute warm-up | |  |  |
| 201 | 100m Butterfly | Open | 202 | 100m Butterfly | Open |
| 203 | 200m Breaststroke | Open | 204 | 200m Breaststroke | Open |
| 205 | 50m Freestyle | Open | 206 | 50m Freestyle | Open |
| 207 | 200m Individual Medley | Open | 208 | 200m Individual Medley | Open |

**SUNDAY 5 OCTOBER 2025 - Waterlooville**

**Session 3: Warm-up 8.30 Start 9.35am Expected finish (TBC)**

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| **Girls Event** | Description | Age Group | **Boys Event** | Description | Age Group |
|  |  | 60 Minute warm-up | |  |  |
| 301 | 100m Freestyle | Open | 302 | 100m Freestyle | Open |
| 303 | 50m Backstroke | Open | 304 | 50m Backstroke | Open |
| 305 | 100m Breaststroke | Open | 306 | 100m Breaststroke | Open |
| 307 | 200m Butterfly | Open | 308 | 200m Butterfly | Open |

**SUNDAY 5 OCTOBER 2025 - Waterlooville**

**Session 4: Warm-up TBC Start 2 TBC Expected finish (TBC)**

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| **Girls Event** | Description | Age Group | | **Boys Event** | Description | Age Group |
|  |  | 60 Minute warm-up | | | |  |
| 401 | 200m Backstroke |  | Open | 402 | 200m Backstroke | Open |
| 403 | 50m Butterfly |  | Open | 404 | 50m Butterfly | Open |
| 405 |  | Mixed 25m Butterfly 10yrs & under \* | | | |  |
| 406 | 100m Individual Medley |  | Open | 407 | 100m Individual Medley | Open |

\*25m Butterfly only for swimmers not capable of swimming 50m Butterfly – if in doubt please ask Lynda

**SATURDAY 11 OCTOBER 2025- Waterlooville**

#### Session 5: 1st Warm-up 9.00am Start 9.35am Expected finish (TBC) 2nd Warm-up TBC Start TBC Expected finish (TBC)

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| **Girls Event** | Description | Age Group | **Boys Event** | Description | Age Group |
|  |  | 30 Minute warm-up | |  |  |
| 501 | 800m Freestyle | Open | 502 | 800m Freestyle | Open |
|  |  | 30 Minute warm-up | |  |  |
| 503 | 400m Individual Medley | Open | 504 | 400m Individual Medley | Open |

**SATURDAY 15 NOVEMBER 2025 - Mountbatten**

**Session 6: 1st Warm-up 9.00am Start 9.35am Expected finish (TBC)**

#### 2nd Warm-up TBC Start TBC Expected finish (TBC)

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| **Girls Event** | Description | Age Group | **Boys Event** | Description | Age Group |
|  |  | 30 Minute warm-up | |  |  |
| 601 | 1500m Freestyle | Open | 602 | 1500m Freestyle | Open |
|  |  | 30 Minute warm-up | |  |  |
| 603 | 400m Freestyle | Open | 604 | 400m Freestyle | Open |

**Promoter’s Conditions**

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| **PROMOTER** | The promoter is Havant & Waterlooville Swimming Club. |
| **CONTACT** | For any queries, please contact meets@handwsc.co.uk |
| **VENUE** | * Horizon Leisure Centre, Waterberry Drive, Waterlooville, PO7 7UW * Mountbatten Leisure Centre, Alex Way, Hilsea, PO2 9QA |
| **ELECTRONICS** | Electronic timing will be in use at Waterlooville Leisure Centre and Manual timing at Mountbatten Leisure Centre. Swimmers must not climb over the time pads. |
| **RULES** | The competition is a level 4 Club Championships and will be swum under Swim England Technical Rules. A secondary strobe light is available at this meet. |
| **AGE** | **Ages will be at midnight 31st December 2025.**    It is the swimmer's responsibility to ensure his/her eligibility for each event. Swimmers will be distributed in spearheaded heats from the submitted entry times. Heats will also contain swimmers from all four Swimming Clubs. Improved times will not be accepted after the entries have been received. All eventswill be swum on a heat declared winner (HDW) basis. |
| **COMPETING CATEGORIES:** | Swimmers will be required to swim in one of two groups:   * Female – Athletes with a birth sex of female. * Open/Male – Athletes with a birth sex of male, trans or non-binary competitors and any competitor not eligible for the female category.   Female category is for birth sex females in accordance with Swim England’s Transgender and Non-Binary Competition Policy. By entering the ‘Female’ category, a swimmer confirms that their birth sex is female.    Please note:  - Rankings will refer to ‘Open/Male’ times rather than simply ‘Male.’  Given [swimmingresults.org i](https://www.swimmingresults.org/)ncludes British, Welsh and Scottish rankings the term ‘Male’ will still be included for accuracy.  The Meet entry software has not been updated yet by its developers to comply with this new policy. Swim England is in discussion with meet entry software providers about the changes. |
| **MEET OBJECTIVE** | The objective of the Meet is to provide a fun Club Championships along with the opportunity to achieve some county qualifying times for the season 2025-26. |
| **EVENTS** | 50m, 100m and 200m all four strokes, 100m, 200m, 400m Individual Medley, 400m, 800m and 1500m Freestyle. |
| **QUALIFYING STANDARDS** | NO Upper qualifying times will apply. All swimmers including those with no times are eligible to enter.    All entry times should be converted to Short Course times. |

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| **ENTRY FEES** | £7 per event for 400m and under distances and £9 per event for 800m & 1500m events. |
| **OPEN DATE** | Now open |
| **CLOSING DATE** | **Fri 25 Jul 2025** |
| **ENTRIES** | Event 405 - Mixed 25m Butterfly is only open to swimmers aged 10 or under who can not yet manage 50m Butterfly.    Entries not meeting the required criteria will be rejected. There are no limit times. There will be no refunds after the entry is received except for medical reasons where evidence can be provided of the inability to compete.  All events will be inclusive of para swimmers, and they should provide their categorisation on entry.  ANY ENTRIES RECEIVED AFTER THE CLOSING DATE MAY NOT BE ACCEPTED AND WILL BE SUBJECT TO AN ADDITIONAL £10 ADMINISTRATION FEE. |
| **PAYMENT** | Payment must be made by closing date. |
| **REJECTIONS** | **Rejections** will be made when the volume of entries exceeds the time allowed under Swim England rules for competitive meets. |
| **ACCEPTED ENTRIES** | Once accepted, entries will be sent out to all, it will be the responsibility of the club representative to check entries, inform all swimmers of their entries and notify the meet secretary immediately of any errors. Once entry times have been accepted no changes will be made unless with agreement of the meet secretary. |

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| **STARTS** | At the referee’s discretion we reserve the right to use over the top starts. |
| **SEEDING** | Events will be seeded based on the submitted entry. |
| **AWARDS** | * Top 3 in each age group will receive a medal which can be collected from the Medal Collection Table. * Heat results will be announced and results of each event and details of winners will be posted around the pool and meet on swimreults.co.uk as soon as they are available. Please collect all medals during the Meet. |
| **WITHDRAWALS** | There will be no refund of entry fees to swimmers who withdraw from event after the closing date, unless the withdrawal is for medical reasons and a doctor’s certificate, or medical evidence is supplied. All refunds will be made via the clubs who submitted the entries.    Withdrawals can be made up until 18:00 via email sent to meets@handwsc.co.uk and cc [lynda@locksheathswimsquad.co.uk](mailto:lynda@locksheathswimsquad.co.uk) on  Friday 3rd October Friday 10th October& Friday 14th November 2025 |
| **OFFICIALS** | **All clubs submitting entries are requested to assist in the running of the meet by supplying details of any Licensed officials who are willing to assist at this Gala.** Any meet that does not have the number of officials required by the licensing board run the risk of it being downgraded. Names and contact details for officials should be provided by the person responsible for submitting the entries and forwarded to meets@handwsc.co.uk |
| **COACH / TEAM**  **MANAGER**  **PASSES** | Coach and Team Manager’s packs are available at cost of £25 for all four dates. They include start sheets.    Lunch and refreshments will be provided on 4th & 5th October.    Poolside refreshments will be provided on 11th October and 15th November.    Only Team Managers and Coaches with passes will be allowed on poolside.    Poolside coaches need to be registered with Swim England (or equivalent national swimming organisation) and hold a valid DBS check. Team Managers need to be registered with Swim England (or equivalent national swimming organisation), hold a valid DBS check, have the relevant Safeguarding, and Team Management qualifications. |

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| **MARSHALLING** | Competitors must report to the Competitor Stewards when they are called. Any competitor not reporting in time **may** be excluded. |
| **CHANGING ROOMS** | The changing rooms are for competitors only, parents are **not** permitted in the changing area and will be asked to leave. Competitors are politely asked not to change poolside and use the facilities available. Cameras and phones are strictly prohibited in the changing area. |
| **JEWELLERY** | For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, earrings (except studs), and rings (except wedding bands). HWSC will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged. |
| **MEET RESULTS** | Meet results will be posted on swimresults.co.uk and paper copies will be available in the pool area. |
| **SPECTATORS** | Spectators may be restricted due to site capacity and safety mitigations. Spectators will be accommodated wherever possible.    Full event programs (which include seeded heat sheets) will be emailed out to all clubs as soon as available.    Spectator entry cost - £5 per session or £8 all day – Card Payment Only. |
| **CAMERAS** | Mobile phones that have a camera facility/hardware are recognised as a camera or photographic device. Any photos taken should fall within the Swim England guidelines. NO FLASH photography is permitted.    Please be advised that photographs may be taken at this event by a club representative.    HWSC are aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or identity of an individual which may present a risk of harm to the individual concerned. The use of such equipment is difficult to control but we can all be vigilant. HWSC may use photographs taken at this event as promotional material and used across public forums including their website and social media accounts.    If you have any concerns or safeguarding queries, please bring them to the immediate attention of the event management team. Should you wish to refuse photographic permission please contact the event management team on site. Post event, if at any time an individual wishes an image of themselves to be removed from the public platform, 7 days’ notice must be given to HWSC after which the data will be removed. |

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| **WARM UP** | Swimmers and coaches must ensure that they take no action that would endanger themselves or others. Club Coaches are responsible for their swimmers during warm up. Sprint lanes will be announced. |
| **WARM DOWN** | There will not be a warm down facility provided. |
| **POOLSIDE RULES** | Due to limited space poolside swimmers must only bring small bags poolside and use the lockers provided. Chairs should not be brought on poolside.    Teams will have a dedicated area by poolside; clubs are reminded to be mindful of officials and their working area.    Teams are requested not to use strength and conditioning equipment (i.e., medicine balls, stretch bands, mats, etc.) on poolside. Any team wishing to bring such equipment are encouraged to contact the club and agree a specific area outside poolside that can be used. |
| **PARKING** | Parking is available; however, the amount of parking may be restricted due to other events running at the venue. |
| **EVENT**  **CANCELLATION** | If the meet must be cancelled due to unforeseen circumstances, entry fees and passes will be refunded. The Promoter is not responsible for any travel or accommodation costs incurred. |
| **HEALTH & SAFETY** | All meet participants must observe the safety precautions in operation at Horizon Leisure Centre and must have footwear when leaving the poolside. Swimmers must be fully clothed on the balcony. Due to limited spectator seating we kindly request that seats are used for spectators only other than the HWSC dedicated swimmer area. |
| **BEHAVIOUR AND ATTITUDE** | **There will be a zero-tolerance policy on negative behaviour.**    Disrespectful and poor attitude resulting in unacceptable behaviour will not be tolerated. All those on-site including competitors, parents, coaches, and clubs are expected to behave in an appropriate manner, respectful of officials, volunteers, staff, and others. HWSC holds the right to ask those behaving inappropriately to leave the event and/or meet if deemed necessary. Refunds will not be issued for dismissal from an event. The right to remove competitors and/or clubs from the meet is held by the meet manager and senior team of officials. We ask that you remind your competitors of the above policy and remain vigilant throughout the meet. Please report any inappropriate behaviour to a member of the event team. |
| **DATA PROTECTION** | Entries will be held on a computer solely for the purposes of this competition. Consent, as required by the General Data Protection Regulation (GDPR), to the holding of personal information on computer will be deemed to have been given by the submission of the entry. This data will be held at least 1 year. Data and results will be shared with the British swimming for rankings and the competitors own swimming clubs. Results will be posted at the pool & on the website. |
| **EQUALITY** | We promote inclusion and diversity and welcome participation from everyone. If you have any requirements in respect of participating, officiating, or volunteering then please mention this, in confidence if required, to our Meets or Volunteers Manager. HWSC aims to provide a discrimination-free environment. We are committed to an action plan and policy in line with the Equality Act 2010, which ensures that no one receives less favourable treatment because of a protected characteristic. |
| **GENERAL** | Any point not covered in these rules is at the discretion of the organisers. In extenuating circumstances and due to situations out of the club’s control during the competition the promoter reserves the right to make changes to the running of the meet. |