

Havant & Waterlooville SC – Joint Club Championships 2025

Warm Up - even number lanes clockwise, odd numbers anticlockwise

SATURDAY 4th October

Session 1 –

Warm-up 09:00 – 09:15 All Swimmers aged 11yrs & Under Sprint lanes 1,2,7,8 last 5 mins
Warm-up 09:15 – 09:30 All Swimmers aged 12yrs & 13yrs Sprint lanes 1,2,7,8 last 5 mins
Warm-up 09:30 – 09:45 Female aged 14yrs & Over Sprint lanes 1,2,7,8 last 5 mins
Warm-up 09:45 – 10:00 Male/Open aged 14yrs & Over Sprint lanes 1,2,7,8 last 5 mins

Session: Start 10:05am

Expected finish 12:00pm

Session 2 –

Warm-up 12:45 – 13:00 All Swimmers aged 11yrs & Under Sprint lanes 1,2,7,8 last 5 mins
Warm-up 13:00 – 13:15 All Swimmers aged 12yrs & 13yrs Sprint lanes 1,2,7,8 last 5 mins
Warm-up 13:15 – 13:30 Female aged 14yrs & Over Sprint lanes 1,2,7,8 last 5 mins
Warm-up 13:30 – 13:45 Male/Open aged 14yrs & Over Sprint lanes 1,2,7,8 last 5 mins

Session: Start 13:50pm

Expected finish 16:00pm

SUNDAY 5th October

Session 3 –

Warm-up 09:00 – 09:15 All Swimmers aged 11yrs & Under Sprint lanes 1,2,7,8 last 5 mins
Warm-up 09:15 – 09:30 All Swimmers aged 12yrs & 13yrs Sprint lanes 1,2,7,8 last 5 mins
Warm-up 09:30 – 09:45 Female aged 14yrs & Over Sprint lanes 1,2,7,8 last 5 mins
Warm-up 09:45 – 10:00 Male/Open aged 14yrs & Over Sprint lanes 1,2,7,8 last 5 mins

Session: Start 10:05am

Expected finish 12:00pm

Session 4 –

Warm-up 12:45 – 13:00 All Swimmers aged 11yrs & Under Sprint lanes 1,2,7,8 last 5 mins
Warm-up 13:00 – 13:15 All Swimmers aged 12yrs & 13yrs Sprint lanes 1,2,7,8 last 5 mins
Warm-up 13:15 – 13:30 Female aged 14yrs & Over Sprint lanes 1,2,7,8 last 5 mins
Warm-up 13:30 – 13:45 Male/Open aged 14yrs & Over Sprint lanes 1,2,7,8 last 5 mins

Session: Start 13:50pm

Expected finish 15:30pm

SATURDAY 11th October

Session 5 –

1st Warm up

Warm-up 09:00 – 09:15 All Female Swimmers, Sprint lanes 1,2,7,8 last 5 mins

Warm-up 09:15 – 09:30 All Male/Open Swimmers, Sprint lanes 1,2,7,8 last 5 mins

Session: Start 09:35am

Expected finish 11:30am

2nd Warm up

Warm-up 11:45 – 12:00 All Female Swimmers, Sprint lanes 1,2,7,8 last 5 mins

Warm-up 12:00 – 12:15 All Male/Open Swimmers, Sprint lanes 1,2,7,8 last 5 mins

Session: Start 12:20pm

Expected finish 13:30pm

SUNDAY 15th November

Session 6 –

1st Warm up

Warm-up 13:00 – 13:15 All Female Swimmers, Sprint lanes 1,2,7,8 last 5 mins

Warm-up 13:15 – 13:30 All Male/Open Swimmers, Sprint lanes 1,2,7,8 last 5 mins

Session: Start 13:35pm

Expected finish 16:20pm

2nd Warm up

Warm-up 16:00 – 16:15 All Female Swimmers, Sprint lanes 1,2,7,8 last 5 mins

Warm-up 16:15 – 16:30 All Male/Open Swimmers, Sprint lanes 1,2,7,8 last 5 mins

Session: Start 16:35pm

Expected finish 18:15pm